



**HALL & PRIOR**  
*Health & Aged Care Group*

# Understanding **RESPITE CARE**

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Caring for a friend or family member is very rewarding, but it can also be challenging at times. Respite care is short-term care that is designed to give you and your loved one a break for a little while you get some rest, go on holiday or attend to other important things in your life. Whatever the reason, respite care ensures that your loved one will be well cared for until they are ready to return home.

## **What is respite care?**

Respite care is short-term residential aged care. It can be booked in advance for different lengths of time, and can also be arranged at short notice in an emergency. The maximum time that respite can be taken is 63 days in a financial year. At Hall & Prior, we recommend taking respite care for a minimum of two weeks. This enables you to have enough time to rest and for the person you care for to settle in at the care home.

Even though respite care is short-term care, you can rest assured that your loved one will receive the highest quality care in a Hall & Prior home. They will receive assistance with daily tasks such as showering and dressing, and enjoy their choice of delicious, nutritionally balanced meals. They will be invited to join in with the home's daily activities program, and if required will have access to our allied health team which includes a geriatrician, nurse practitioner, physiotherapist, speech pathologist, registered nurses, occupational therapists, dieticians and other visiting health professionals.

## **Where can I access respite care?**

Respite care is available at all Hall & Prior homes. In Western Australia, this includes 20 homes throughout Perth (located in Bayswater, Carlisle, Como, High Wycombe, Kensington,

Midland, Mosman Park, Rivervale, Rockingham, South Perth, Spearwood, Subiaco, West Leederville, West Perth and Wilson) and homes in Albany, Donnybrook and Harvey. The contact details for each home are provided on the back of this fact sheet, and we welcome you to contact the home of your choice directly for further information.

## **What if the home I choose doesn't have a place available?**

If the home you choose doesn't have a place available, the Director of Nursing or Executive Manager will help you find a place for your loved one at another Hall & Prior home close by.

## **How do I arrange respite care?**

All Hall & Prior homes specialise in providing high-level care. To receive respite care at a Hall & Prior home, your loved one will need to be assessed as eligible by an Aged Care Assessment Team (ACAT). ACATs are funded by the Australian Government to provide free assessments. Your doctor, health centre or local hospital will be able to refer you to an ACAT near you.

Once you have been assessed as eligible, you can contact the home of your choice to arrange your respite stay.

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If you would like more detailed information, the Department of Social Services' My Aged Care website is a comprehensive resource. Visit [www.myagedcare.gov.au](http://www.myagedcare.gov.au) or call 1800 200 422.

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## How much does respite care cost?

The daily fee for respite care is set by the Australian Government. The Director of Nursing or Executive Manager at the home of your choice will be able to provide you with a full outline of these fees and can discuss these with you at any time.

You may also be asked to pay a booking fee when you organise respite care. This is not an extra fee; it is a prepayment of your respite care fees, and cannot exceed a full week's fee or 25% of the cost for the entire stay, whichever is lower.

## Respite care at Hall & Prior

We understand that moving into an aged care home, even if is only for a short stay, involves a lot of change for you and your loved one with new routines, new people and a new environment to adjust to. To support you during this time and to ensure a smooth transition, our staff will take the time to discuss these changes with you.

Our rooms are furnished and decorated, but we encourage you to bring personal belongings such as photographs, pictures and soft furnishings to help your loved one feel at home.

Your loved one will be cared for as a permanent resident during their stay. They will be invited to join in activities and go on outings, choose

their meals, and have access to our health and therapy services as well as our laundry service.

We will always take time to listen and respond to any questions or concerns that you or your loved one may have. Our Directors of Nursing or Executive Managers are very approachable and are available to discuss the care of your loved one with you at any time.

Above all, you will find it reassuring to know that we have the experience and commitment to provide your loved one with the highest standard of care.

## About Hall & Prior

Over the past 30 years, Hall & Prior has become a leading Australian aged care provider with 33 residential aged care homes in Western Australia and New South Wales. We care for almost 2,900 older people in both residential and community settings.

Our homes provide residential high care, respite care, palliative care and dementia support, and our experienced registered nurses and carers provide round-the-clock care 24 hours a day, seven days a week.

Each person we care for at Hall & Prior is treated with respect and dignity, and is given the opportunity to enjoy choices in accommodation, lifestyle and health services, and the highest quality care.

## FOR MORE INFORMATION

 Contact the Hall & Prior aged care home of your choice

<b>AGMAROY</b> WILSON	9458 1524	<b>LEIGHTON</b> WEST PERTH	9328 9355
<b>BELMONT</b> RIVERVALE	9277 2735	<b>MCDUGALL PARK</b> COMO	9313 1700
<b>CLARENCE ESTATE</b> ALBANY	9841 5999	<b>MERTOME</b> BAYSWATER	6462 7200
<b>CONCORDE</b> SOUTH PERTH	9367 7559	<b>MOSMAN PARK</b> MOSMAN PARK	9384 1769
<b>EMERALD LIFE</b> WEST LEEDERVILLE	9381 1428	<b>ROCKINGHAM</b> ROCKINGHAM	9527 1757
<b>FRESHWATER BAY</b> MOSMAN PARK	9384 5280	<b>ST LUKES</b> SUBIACO	9381 8061
<b>HAMERSLEY</b> SUBIACO	9381 6542	<b>TUIA LODGE</b> DONNYBROOK	9732 3500
<b>HOCART LODGE</b> HARVEY	9729 0499	<b>TUOHY</b> MIDLAND	9274 1756
<b>KENSINGTON PARK</b> KENSINGTON	9367 4870	<b>VILLA DALMACIA</b> SPEARWOOD	9418 5222
<b>KARINGAL GREEN</b> HIGH WYCOMBE	6372 0400	<b>WINDSOR PARK</b> CARLISLE	9472 9488