

Compassionate people, dedicated to care

Clarence Estate

A place to call home

Welcome to Clarence Estate

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#### If you have been looking for a premium residence that reflects your lifestyle and provides the accommodation and health services that are important to you, look no further.

Clarence Estate is located in the heart of Albany, providing residential and community care services to a growing community of older people from the Great Southern region.

Clarence Estate's residential and community care teams are led by an Executive Manager who ensures that the services we provide are of the highest standard.

We offer a range of services including home care, respite care and dementia support, so you can stay with us even if your needs change. Our team of dedicated, professional staff provide responsive, individualised care with registered nursing care available 24 hours a day.









## Experience the very best in aged care

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Living among friends and being part of a close community is important.

Clarence Estate was designed with this in mind: each one of the home's five houses is built around a shared space with a kitchen, dining room and lounge room where our residents like to relax by the fireplace, catch up with friends and family or watch their favourite television show.

Each house has its own front door for visitors, and is surrounded by landscaped gardens and courtyards to enjoy on a shady summer afternoon or warm winter days. The suites are elegantly decorated in a traditional style to create warm, familiar living spaces.

Our premium suites offer a greater degree of privacy and indulgence, with small touches like deliveries of fresh flowers, Foxtel, private gardens, computer and internet connections and your own private ensuite equipped with quality fittings.

We understand the importance of family and friends and welcome visitors at any time. Residents who have family members visiting from out of town are welcome to use our family room — complete with a bedroom, ensuite and cooking facilities for short stays.

Chefs in our hotel-standard kitchen create seasonal menus for you to enjoy. Our à la carte menu features home cooked favourites such as roast chicken, quiche lorraine, fish of the day, chicken cordon bleu and beef lasagne. Indulging in the odd sweet treat is important too, and we take pride in creating sumptuous desserts for you to enjoy.

We cater for allergies, intolerances and cultural requirements, and we welcome you to discuss your needs with us.



Put your health and wellbeing first

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Our extensive care network is made up of health practitioners, hospitality staff and a team of visiting professionals who work to ensure that you are well cared for.

Our general practitioners and pharmacists make regular visits to Clarence Estate, but you can continue to be treated by your current general practitioner if you would like. We also arrange optical, dental and podiatry services as required.

Our registered nurses provide roundthe-clock care seven days a week, and are supported by a dedicated team of enrolled nurses and experienced personal carers. Therapy assistants are available to assist you with daily activities, and you will also have access to optical, dental, speech therapy and podiatry services if you need them.



Enjoy a balanced lifestyle

As you get older, maintaining your interests and enjoying an active, balanced lifestyle is an important part of staying happy and healthy.

We make it easy to choose activities that are meaningful to you, whether it be art and craft, gardening, music, exercise or simply socialising with old friends. We have a daily activities program and you are welcome to participate in as many or as few as you wish.

We hold regular events at Clarence Estate including theme days, musical entertainment, Christmas carols, movie nights, birthday celebrations and our annual ANZAC service. We also offer weekly bus trips along the coast or out to neighbouring towns and attractions.



Dementia support

At Clarence Estate, we are constantly working to understand dementia and develop ways to provide the best possible care for dementia sufferers and their families.

Developing activities that promote fun, reminiscence and involvement are central to the way we care for people with dementia. Sister Julie House has been specifically designed to support dementia care, and includes a sensory garden for our residents to enjoy.



Quality care in your own home

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#### Ageing is a journey, and Clarence Estate offers a variety of services to support you or your loved one as your needs change over time.

If you or your loved one are having trouble keeping up with everyday tasks, a home care package from Clarence Estate can provide you with the support you need to continue living safely in your own home.

Home care packages are individually tailored to suit your needs, and can include assistance with bathing and dressing, transport to and from appointments, and assistance with household tasks such as gardening and meal preparation. Please contact us to find out more.

# A passion for quality care

Clarence Estate is one of Hall & Prior's many homes located throughout Western Australia and New South Wales that provide only the highest quality care to over 1,300 older people from all walks of life.

Our home has been a part of the Albany community since 2002, providing the opportunity to enjoy the comfort of superior accommodation and an independent lifestlyle while remaining close to family and friends.

Hall & Prior is a private, family-owned organisation with a passion for quality aged care. Our homes embody safety and comfort, offering choices in accommodation, lifestyle and health services that we know are important to our residents.

#### Find out more

Moving into an aged care home involves a lot of change for you and your family, and our staff are committed to supporting you during this time. Our Executive Manager is very approachable and is available to discuss your care or the care of your loved one with you at any time.

We welcome you to contact us for further information or to arrange a private tour.







## Clarence Estate

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