



# FRESHWATER BAY


MOSMAN PARK

Compassionate people, dedicated to care



RESIDENTIAL AGED CARE HOME

**HALL & PRIOR**  
*Health & Aged Care Group*



*We look forward  
to welcoming  
you to our home.*

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Welcome to

# FRESHWATER BAY

## AGED CARE HOME



Freshwater Bay Aged Care Home is part of the Hall & Prior Health & Aged Care Group: a family-owned organisation with a passion for providing quality aged care.

Our home is led by an experienced Director of Nursing who works alongside a team of compassionate, dedicated professionals to ensure that you feel well cared for.

We provide each individual in our care with the support they need to continue enjoying meaningful and happy lives.

A place  
**TO CALL HOME**



Freshwater Bay is a  
family-oriented home  
nestled in the beautiful  
suburb of Mosman Park.



Freshwater Bay is a family-oriented home nestled in the beautiful suburb of Mosman Park. We welcome visitors at any time to enjoy a cup of tea in our lounges or sunny courtyards. Our location between the river and the coast offers plenty of options for outings with your loved one, with parks and cafés just a short drive away.

Staying active and socialising is an important part of a healthy lifestyle. Our activity program changes each month, but will always include bus trips and outings, arts and crafts, movie days, theme days, regular musical performances, fêtes, raffles and visits from school groups.

Freshwater Bay has a dedicated community of volunteers who provide company, entertainment and education to our residents and staff alike.

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# Care at **FRESHWATER BAY**



It's our priority to ensure that you feel safe, secure and at home. For your peace of mind, we provide 24-hour care by registered nurses who are supported by a dedicated team of enrolled nurses and personal carers.

**We have the expertise to assist with complex care requirements, and will always discuss your care requirements with you and your family.**

Your general practitioner can visit you at Freshwater Bay, or you can choose to have your records transferred to one of our visiting general practitioners. Hall & Prior's occupational therapists, physiotherapists, speech pathologists and dieticians visit Freshwater Bay regularly to support our residents' care, and visits from other health professionals such as podiatrists, dentists and opticians are arranged as required.





*Our care team  
is dedicated to  
providing you  
with the highest  
quality care.*





## WHAT'S ON THE MENU?

Enjoying a variety of delicious, nutritionally balanced meals is an important part of maintaining good health.

Hall & Prior's dietitians and speech pathologists work closely with our kitchen team to provide meals that support our residents' clinical care without compromising on taste.

We offer a choice of hot and cold meals, cater for allergies, and cultural requirements, and create a special menu for a theme day each month.



## HOW MUCH DOES IT COST?

The cost of aged care is dependent on your circumstances and is different for everyone. The Government pays a supplement for residents who are assessed as eligible through a combined assets and income assessment: depending on your circumstances the Government may pay all, part or none of your care and accommodation costs.

You can find an explanation of the fees and your payment options on our website or ask our staff for fee and payment information. We will be happy to go through them with you and answer any questions you have.

## HOW DO I APPLY?

Before you apply to live at Freshwater Bay, you will need to be assessed as eligible for residential aged care by an Aged Care Assessment Team, or ACAT. ACAT Assessments are free and your doctor, health centre or local hospital can refer you to an ACAT near you. Please keep a copy of your assessment as you will need to give it to our Director of Nursing before you can move in.

Once you are ready to apply, there are a number of forms that you will need to complete. Our staff are available to sit down with you and guide you through the application process if you like. Please feel free to ask us questions at any time.

# Moving and **SETTLING IN**



Moving into an aged care home involves a lot of change for you and your family, and our staff are committed to supporting you during this time.

Your room will be furnished for you, but we encourage you to bring personal belongings such as photographs, pictures and soft furnishings to help you feel at home. There are television sets that you can watch in our common rooms, but you are welcome to bring your own television or radio if you wish.

Having someone to talk to who is knowledgeable and compassionate can make all the difference. Our Director of Nursing is very approachable and is available to discuss your care or the care of your loved one with you at any time. We look forward to welcoming you to our home.



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## FRESHWATER BAY

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For further information or to arrange a visit,  
please contact the Director of Nursing:

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