

# GEORGES ----ESTATE----

HEALTH & AGED CARE COMMUNITY





# Welcome to Georges Estate

BY THE AWARD-WINNING CREATORS OF AGED CARE COMMUNITIES – HALL & PRIOR HEALTH & AGED CARE

Georges Estate Health & Aged Care Community will provide an innovative and care-focused approach to aged care in the Penshurst region.

The residence will include 110-beds over two levels as well as in-home aged care services for local clients living in the surrounding communities. Designed to offer all levels of care needs, Georges Estate Health & Aged Care Community will provide specialist services (including a memory support unit offering an initial 18 beds with a commitment to opening further rooms at a later date) as well as a gymnasium, cinema and a heated swimming pool.

A wellness centre, day therapy centre and primary and allied health clinic will also be available as well as a space for research, training and education.

With the ongoing support of the Georges River Council, this unique, integrated residence will increase access to leading, quality and relevant aged care for the local community. Georges Estate Health & Aged Care Residence will deliver better health outcomes for local residents and the wider community in a safe, comfortable and convenient location.



## Truly holistic care

Georges Estate is committed to the pursuit of excellence in the provision of care and accommodation to the aged in our community. The move into residential aged care is often a period of great change, and we are committed to making the transition as easy as possible. When it comes to care, we embrace what makes every person unique – from personal preferences to culture and hobbies. We care for people from all walks of life, and work hard everyday to ensure that every individual in our care feels safe and secure.

It is our mission to provide care that enables people to live their life the way they choose, focusing on person centred care, attending to a person's physical, emotional, social, cultural, spiritual, financial and environmental wellbeing.

Our accommodation and care offerings consider the varying needs of older Australians and include high and low care options for individuals and couples; specialised care services, including dementia care; and home care services for those that choose to remain in a residence of their choice for as long as they are able.

You can be sure that you or your loved one will be well-looked after by our compassionate and dedicated care teams, with the added peace of mind of 24-hour care by registered nurses, who are supported by a dedicated multidisciplinary care team.



## Life at Georges Estate

GEORGES ESTATE IS A WARM AND WELCOMING PLACE, ARCHITECTURALLY-DESIGNED FOR MAKING THE MOST OF SHARING TIME WITH FRIENDS AND FAMILY.

#### Beautifully appointed rooms

At Georges Estate, we provide superior accommodation with generously-sized, fully furnished single or double/companion bedrooms and suites, each with private ensuite, large flat screen TV, air-conditioning, phone connection and ample cupboard space.

#### Living spaces designed for life

Georges Estate has been created with our residents in mind, with spacious communal areas which are homely, warm and welcoming, alongside beautifully designed living and dining areas. When you have friends and family visiting, we offer a private guest room for family stays, as well as access to a private dining room to enjoy meals or mark special occasions with family and friends. There are several large courtyards and landscaped gardens which give guests and residents the chance to relax and socialise outdoors.

#### Food and hospitality experience

Our in-house chef and culinary team prepare a wide range of fresh meals, snacks and beverage options every day. Once a week, we come together to enjoy Happy Hour drinks as part of our extra service offerings.

There's a choice of hot and cold meals and culturally-specific choices, and we create a special menu for a theme day each month. Meals can be eaten in our dining room or privately, and special occasion meals can be prepared on request.

#### Your home, your community

Georges Estate is home, and we believe in sharing it with friends and family at any time. With this in mind, we have areas designed for entertaining, including child-friendly gardens, a BBQ area, a private dining room, and welcoming communal spaces. We work closely with our communities to improve collaboration, connection and opportunity, and respond and engage any suggestions and feedback identified by residents, the wider community and staff.

#### A welcoming place



#### Enjoy an active and fulfilling lifestyle

Maintaining interests and participating in meaningful, engaging activities is an important part of staying connected and enjoying life. Georges Estate offers a wide range of lifestyle, cultural and special interest activities and personal services.

#### Care and support

For your peace of mind, we provide 24-hour care by registered nurses who are supported by a dedicated team of enrolled nurses and personal carers. We have the expertise to assist with complex care requirements, and will always discuss your care with you and your family.

#### Wellness Centre

Our Wellness Centre provides physiotherapy, restorative care, exercise rehabilitation and allied health services tailored to suit your needs. Our centre includes a fully equipped gym and exercise room. Adjacent is the hydrotherapy pool which is designed to provide therapeutic whole-body treatment.

#### Specialist services and features available

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A highly trained and dedicated team of registered nurses and personal carers

24-hour care

and support by

registered nurses

Specialist

dementia care

Centre

Creative

programmes

and therapies









Gymnasium with specialist equipment



Cultural events and community gatherings Private and

companion rooms and suites with private ensuites



Beauty and hair salon



Heated swimming pool



Celebrate special occasions in the private dining room



### Extra service package

For residents who would like to access our enhanced services, we have a bespoke package available for a little extra per day - the Superior Service Package. After all, life is for living and living comfortably. The Superior Service Package includes:

#### Personal services and lifestyle options

Residents can access one complementary group session in the wellness centre per month, access to a relationship manager and additional lifestyle activities, including special meals and additional outings. There are weekly happy hours and the provision of an escort to take you to outside appointments. There are also newspaper and magazine subscriptions on offer as well as exclusive discounts to use the wellness centre's facilities.

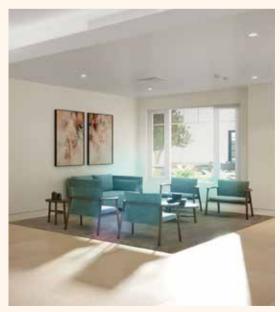
#### **Companion Care**

Over and above Georges Estate's quality care plan, you will enjoy the benefit of a dedicated person to provide additional one-on-one time with you each week. This time together can be devoted to whatever you would like to do; you can read together, pursue a hobby, take part in activities, take a stroll in the gardens, play a game of your choice, or simply enjoy a conversation.

It's your time and it's completely up to you.

#### **Enhanced living**





#### Accommodation and dining extras

In addition to our delicious daily menu, the Superior package accesses private dining options with special premium beer, wine and soft drinks with meals. There's also a 24-hour snack menu, weekly chocolates and a turn-down service and access to in-room tea and coffee making facilities. If you have a special request, there's also the option to consult with our in-house Executive Chef. For extra comfort when it's time for bed, there is premium linen and bath robes as well as premium brand name toiletries for that extra touch of luxe.

#### Stay connected

Keep in touch with loved ones with the in-room telephone (free local calls), premium wi-fi connection and a large LED 50-inch smart TV with pay TV options. For bookworms, there's access to the library with its 100-plus books.

#### Trusted experience



## Hall & Prior Health & Aged Care Group

AGED CARE IS EVOLVING - AND HALL & PRIOR IS LEADING THE WAY. WE ARE MORE THAN A PROVIDER, PEOPLE ARE OUR PASSION AND OUR PURPOSE.

Our team has spent the last 25 years having illuminating conversations with Australia's senior community to understand how to create aged care experiences that truly meet their needs. These are lives to celebrate – a generation of doers – and how they experience their twilight years matters to all of us. What we've learned has inspired us to invest our heart and soul into designing and operating world-class centres for healing and wellbeing across Australia.

We provide much-needed quality aged care services to residents across 28 homes and 1,100 home care clients. Our programs and 'centres for healing' offer the very best of care, amenities and leading aged care programs.

### Call us today.

Our team are here to assist you and answer any questions you have about the move into residential aged care and our beautiful home. Call us on 1300 063 433 to arrange an appointment and personal tour of our home.

1 Centre Street Penshurst NSW 2222

Call 1300 063 433 Email enquiry@georgesestate.com.au

GeorgesEstate.com.au