Karingal Green

HEALTH AND AGED CARE COMMUNITY



Care that creates community.



# World-class aged care

### WELCOME TO

# Karingal Green

A world-class, connected aged care community from award-winning aged care provider Hall & Prior. Opening in May 2020, Karingal Green will offer a state of the art 160 bed aged care home catering to all levels of care needs.

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Located in High Wycombe in the City of Kalamunda, Karingal Green sits on a spacious 1.6 hectares of land nestled at the foothills of the Darling Scarp amongst lush natural bushland. The area is neighboured by quiet pockets of residential housing, resulting in a peaceful setting that offers the ideal surrounds for a calm and relaxed lifestyle.

The thoughtfully designed community offers generously appointed, modern accommodation designed to suit the specific needs of residents; beautiful living and garden spaces; a wellness centre, heated hydrotherapy pool, gymnasium, café and cinema; an on-site allied and primary health clinic; and a dedicated research, training and education centre.

This unique, integrated space will provide an unprecedented aged care concept for Western Australia, with exceptional access to leading, quality and relevant aged care that delivers better health outcomes for local residents and the wider community. This is the future of aged care for Perth.

#### TRULY HOLISTIC CARE

The move into residential aged care is often a period of great change, and we are committed to making the transition as easy as possible.

When it comes to care, we embrace what makes every person unique – from likes and habits to culture and hobbies. We care for people from all walks of life, and ensure that every individual in our care feels safe and secure.

It is our quest to provide care that enables people to live their life the way they choose focusing on a relationship based care program, attending to a persons physical, emotional, social, cultural, spiritual, financial and environmental wellbeing.

Our accommodation and care options consider the varying needs of older Australians and include high and low care options for individuals and couples; specialised care services, including dementia care and people living with Parkinsons; and home care services for those that choose to remain in a residence of their choice for as long as they are able.

You can rest assured that you or your loved one will be well looked after by our compassionate and dedicated care teams, with the added peace of mind of 24-hour care by registered nurses, who are supported by an interdisplinary care team.

# Compassionate people, dedicated to care.

Part of what makes our team special is that we think of ourselves as an extended family. We work to create an environment that's loving, caring and supportive, and our staff are compassionate professionals dedicated to providing the highest standard of clinical care.

Karingal Green's interdisplinary care team will be led by the Executive Director of Nursing and will include registered nurses, enrolled nurses, personal carers, service staff, speech pathologist, occupational therapists, dietitian and physiotherapists. This extensive team will be supported with regular access to local health practitioners including GPs, specialist medical practitioners, podiatrists and optometrists.

Ongoing investment in research, training and innovation ensures that our entire team is kept up-to-date on the delivery of best-practise, contemporary aged care. To support this commitment, an in-house clinical educator will provide ongoing training and support to our nurses, ensuring that we are developing the clinical leaders of the future.

### LIFE AT KARINGAL GREEN

#### **BEAUTIFUL LIVING SPACES**

Karingal Green has been designed with our residents in mind, with spacious living areas that are homely, warm and welcoming, alongside beautifully appointed living and dining areas and a large library and cinema room. We offer a private guest room for family stays, as well as access to a private dining room to enjoy meals or mark special occasions with family and friends.

Immerse yourself in nature, with access to several large courtyards and landscaped gardens offering ample space to relax and socialise outdoors. Karingal Green sits adjacent to beautiful national parklands that are easily accessible for visits. Views from all windows capture beautiful scenes of the adjacent parkland and the nearby Perth hills, and allow natural daylight to fill every room. There are also private outdoor spaces to share with loved ones.

#### **ENJOY AN ACTIVE & FULFILLING LIFESTYLE**

Maintaining interests and participating in meaningful activities is an important part of staying connected and enjoying life. Karingal Green offers a wide range of lifestyle, cultural and special interest activities and personal services including activities and games, regular outings, access to an extensive library of books and movies, a private cinema, hair salon, masseuse, heated hydrotherapy pool, gym with specialist equipment for re-enablement, strength and conditioning, access to primary and allied health services and more.

#### FOOD & HOSPITALITY EXPERIENCE

Our in-house chef and culinary team prepare a wide range of meal, snack and beverage options fresh daily, and once a week we come together to enjoy Happy Hour drinks. Meals can be eaten in our dining room or more privately, and special occasion meals can be prepared on request. Our on-site café is the perfect place to relax and spend time with friends and family over a barista coffee or tea.

#### YOUR HOME, YOUR COMMUNITY

Karingal Green is home, and we believe in sharing it with friends and family at any time. With this in mind, we have areas designed for entertaining, including child-friendly gardens, a BBQ area, a private dining room, and welcoming communal spaces. We work closely with our communities to improve collaboration, connection and opportunity and respond and engage with issues identified by residents, the wider community and staff.

# Premium service package

Life is for living and living comfortably. For a little extra each day, we provide a range of extra services designed to enhance your comfort, lifestyle and health.

## THE PREMIUM SERVICE PACKAGE INCLUDES:

#### **1. PERSONALISED SUPPORT**

Over and above Karingal Green's quality care plan we provide a dedicated Personal Service Attendant to share additional one-on-one time with you each week to pursue a hobby, take part in activities or simply socialise – from games and craft to a stroll in the garden or reading together. You will also be given a dedicated Customer Service Coordinator as the key contact for you and your family for any concerns or additional support needs.

#### 2. DINING EXTRAS

In addition to our five star dining experience you will also enjoy a 24 hour snack menu, an alcoholic beverage of your choice for lunch and dinner, as well as cooked to the table alternatives – made to order on request.

#### 3. SUPERIOR QUALITY BED LINEN

Premium sheets and duvets, smooth to the touch and made for superior comfort, along with a range of pillow types available from our Pillow Menu.

#### 4. ENTERTAINMENT

Full access to the SWIFT television streaming service which includes an aged care TV package and specific TV remote that's easy to read and use. This package offers free-to-air TV, movies and television on demand, plus access to an aged care specific video library and both international and local radio channels.

#### 5. WI-FI

Unlimited Wi-Fi access anywhere within Karingal Green, allowing streaming of videos and movies, internet and email access, and calls over the internet via Skype and FaceTime.





#### 6. TECHNOLOGY TO CONNECT

The SWIFT television also provides a unique communication channel to connect with family and the community, including:

- Resident messages direct to your individual TV screen
- My Family app which allows family and friends to send messages and photos to your TV screen; and
- My Community app providing access to a communal notice board for staff, residents and family to share messages, events, celebrations, activity updates, photos and more.

#### 7. EXCLUSIVE DISCOUNTS

Discount vouchers offering 20 per cent off visits to the Karingal Green café and pampering at our hair salon, including massages and manicures/pedicures.



### RESIDENTIAL ROOMS





# Beautifully appointed rooms

At Karingal Green we provide superior accommodation with generously sized, fully furnished single or double/ companion bedrooms, each with private ensuite, large flat screen TV, air-conditioning, phone connection and ample cupboard space. Some rooms also have access to a balcony or courtyard.

\* Room size includes total square meterage for bedroom, ensuite and where applicable balcony or courtyard.

#### SINGLE ROOM

Karingal Green has 128 single rooms available in a range of styles and aspects. Room sizes\* range from 26m<sup>2</sup> to 47m<sup>2</sup>.



#### **COMPANION ROOM**

Karingal Green also provides companion living. There are 16 companion rooms to choose from ranging in size\* from 42m<sup>2</sup> up to 68m<sup>2</sup>. Rooms can also be configured for couples.



#### USEFUL INFORMATION

#### Aged care information

The My Aged Care website is the government hub for helping you navigate the aged care system in Australia. This includes both home care and residential aged care. Visit myagedcare.gov.au

The City of Kalamunda also provides helpful information and links on aged care housing options. Visit Kalamunda.wa.gov.au/community/ community-support/seniors/agedcare-and-housing-options

#### Dementia support

For up to date information and support on understanding and living with dementia contact the National Dementia Helpline on 1800 100 500 or visit dementia.org.au



## Get in touch with us today.

For more information or to book a tour of our display suite call the Karingal Green team on **1300 096 988**.

53 Hawkevale Road, High Wycombe, WA 6057 karingalgreen.com.au

## Hall & Prior HEALTH & AGED CARE GROUP

Aged care is evolving – and Hall & Prior is leading the way. We are more than a provider; people are our passion and our purpose.

Our team has spent the last 25 years having illuminating conversations with Australia's senior community to understand how to create aged care experiences that truly meet their needs. These are lives to celebrate – a generation of doers – and how they experience their twilight years matters to all of us. What we've learned has inspired us to invest our heart and soul into designing and operating world-class centres for healing and wellbeing across Australia.

In Western Australia and New South Wales, we provide muchneeded quality residential aged care services to 1,600 residents across 25 homes and 1,100 home care clients. Our programs and 'centres for healing' offer world-class care, amenities and cutting-edge aged care programs.

